RUMAH PENGAJIAN XAVIER (RPX) | COMMUNITY NEWS

BEYOND THE GAME

RPX Boys Join Beyond90 Football Training



The boys receiving instructions during their first Beyond90 football training session.

It was an exciting afternoon for the boys of Rumah Pengajian Xavier (RPX) as they took part in their first Beyond90 football training session, an initiative organised by Gavin, a football coach who started the programme to provide children from homes and challenging backgrounds with the opportunity to enjoy structured football training - completely free of charge.

Football has always been a great passion among many of our boys, so there was plenty of enthusiasm as they arrived for the session at the University of Malaya (UM). More importantly, the programme offered them an opportunity not only to play the game they love, but also to train in a structured environment alongside boys from other homes and backgrounds.

During the session, the boys participated in several training activities covering passing, shooting and dribbling, with particular emphasis on ball control and passing skills. They then had the opportunity to put some of what they had learned into practice during a match before the afternoon rain and lightning brought play to an early end. Despite the weather, spirits remained high and the boys thoroughly enjoyed themselves.

"We were so impressed with their determination and also their great manners."

- Feedback from Gavin after the session

One of the most encouraging aspects of the afternoon was the positive feedback received from Gavin and his fellow coach, Frau. They were impressed not only by the boys' determination on the field, but also by their good manners and behaviour. For RPX, this was particularly heartening, as we want our boys to understand that how they conduct themselves away from the Home is just as important as their performance on the football field.

The Beyond90 programme also provides benefits that extend well beyond learning football skills. Training alongside children from other homes gives our boys an opportunity to socialise, build friendships, work as part of a team and learn the importance of discipline, cooperation and commitment. Regular participation can also encourage them to take greater responsibility for their behaviour and understand the value of earning opportunities through positive conduct and commitment.



Focused and ready: taking part in drills on the pitch.



A well-earned break and a chance to enjoy time together.

For the boys, however, perhaps the best part of the afternoon was much simpler - being out on the football field, kicking a ball, learning new skills, meeting other young people and having fun together!

RPX is grateful to Gavin and the Beyond90 team for opening this programme to our boys and for giving their time and energy to provide young people with opportunities through sport. We also appreciate everyone who helped make the boys' participation possible, particularly with the transportation and arrangements required to get them to and from the training venue.

We hope this first session marks the beginning of a meaningful journey for our boys with Beyond90. Whether or not football becomes part of their future, the lessons they can learn through the game - teamwork, discipline, perseverance, friendship and respect - are lessons that can stay with them long after the final whistle.

Well done, boys - and we look forward to the next training session!